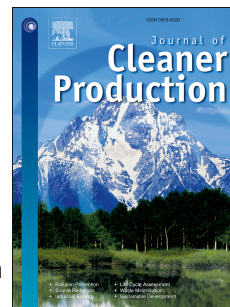


Journal Pre-proof

Piloting a capital-based approach for characterizing and evaluating drivers of island sustainability- An application in Chongming Island

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Jiayi FANG: Conceptualization, Methodology, Data curation and analysis, Writing-Original draft preparation.

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Shray PATHAK: Reviewing and Editing.

Shan Li, Xi TANG, Limin ZHOU: contributed to interpretation the results and contributed the discussion, specifically critical review and commentary.

Feiran SUN: contributed to Figures, Visualization.

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1 **Piloting a capital-based approach for characterizing and**
2 **evaluating drivers of island sustainability- an application in**
3 **Chongming Island**

4
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23 **Abstract**

24 Islands have been a focal point of sustainable development efforts. To understand the
25 dynamic evolution of island sustainability is of great importance. In this study, a
26 capital-based approach is piloted for measuring sustainability in Chongming island
27 along with its interactions with nearby mainland Shanghai, and to estimate the
28 dynamic changes along with its responsible drivers. Initially, as per the capital-based
29 approach, a three-tier indicator system with 31 indicators is developed to reflect
30 sustainability by five capitals, namely, natural, social, human, financial and physical
31 capitals. Subsequently, a detailed analysis is conducted to analyze the dynamic
32 changes of each capital from 2000 to 2017 for both Chongming and mainland of
33 Shanghai. Results show that: natural, physical and financial capitals followed a
34 significant increasing trend, whereas a slight decline was observed in social capital.
35 Also, no specific trend was noted in human capitals for both study regions.
36 Furthermore, as compared to the island, mainland seems to develop a higher
37 sustainability for the respective time span. It is recommended that Chongming island
38 should focus on strengthening social and human capital in future. A wider and new
39 public-private partnership is encouraged to improve public participation. This
40 framework clearly depicts the dynamic evolution of sustainability, would help
41 stakeholders to identify the restricting elements hindering the overall sustainable
42 development, make it understandable and comparable for decision makers to monitor
43 gaps and proposing initiatives to reduce inequalities.

44 **Keywords**

45 Islands, Sustainability Index, Sustainable Development, Indicator System, Capital
46

47 **1 Introduction**

48 Islands are vulnerable to global climate, environmental and socioeconomic changes
49 and thus become a focal point of sustainable development efforts (Bass and
50 Dalal-Clayton, 1995; Maul, 1996; Kerr, 2005). Due to limitations in the
51 characteristics of islands such as, small area, geographical isolation, and relatively
52 fragile ecosystems (Woodroffe, 2008; Nunn, 2009), islands are facing a vast
53 restriction in development as compared to the neighboring mainland. Continental
54 islands are bodies of land that lie on the continental shelf of a continent (Beate M.W.
55 Ratter, 2018). Among all types of continental islands, fluvial islands are particularly
56 vulnerable as they typically locate in coastal flood-plains, often lack geo-stability over
57 decades to millennia, face uncertain disturbances from river, ocean as well as nearby
58 coastal socio-ecological systems with relatively small areas and flat topography
59 (Osterkamp, 1998). Meanwhile, unsustainable development and utilization of
60 human-induced factors (e.g., human-induced subsidence) often exacerbate the islands'

61 environmental vulnerability. In the meantime, climate change has induced uncertainty
62 in estimating the parameters and produced a tremendous impact on the physical and
63 chemical ecosystems for small islands and Small Island Development States (Duvat et
64 al., 2017; Ourbak and Magnan, 2018; Petzold and Magnan, 2019). With new stakes of
65 the Anthropocene in islands context, the anthropogenic factors should not be ignored
66 in island sustainability studies (Chandler and Pugh, 2018; Pugh, 2018; Wu et al.,
67 2019).

68 With the footprint from the Millennium Development Goals to the Sustainable
69 Development Goals (SDGs), sustainability has been growing explosively over the past
70 few decades (Kates et al., 2001; Robert et al., 2005; United Nations, 2015). Its
71 conceptual framework has evolved in various disciplines such as social-ecological
72 systems, environmental policy and management, biology, civil engineering, etc.
73 (Folke et al., 2002; Kuhlman and Farrington, 2010; Bettencourt and Kaur, 2011). The
74 study on island sustainability has focused on tourism (Lim and Cooper, 2009),
75 fisheries (Newton et al., 2007), climate change (Hay, 2013) and ecosystem service
76 (Feagin et al., 2010). However, despite its popularity and frequent application, there is
77 limited understanding of how to assess and measure sustainability of islands as a
78 complex social-ecological system. Thus, a study that systematically assesses the state
79 of sustainability in an island is imperative. There is also a need for improvement to
80 account for dynamics of sustainability over time and across space (Xu et al., 2020).
81 Further, it provides a better understanding and landmark to the islands that are yet to
82 be developed globally. Evaluation of sustainability index can portrait a better
83 decision-making policies and adjustment for the island development.

84 Quantitative methods for constructing sustainability metrics is a rapidly developing
85 area of sustainability research (Parris and Kates, 2003; Hák et al., 2016). Debates are
86 ongoing for the optimal selection of suitable indices that best describe sustainability in
87 present and future scenarios. Shi et al. (2004) conducted a sustainability assessment
88 for the Chongming island, China's largest fluvial island, between 1990 and 2000 from
89 three sub-systems, namely, environment and resources, economic development, and
90 society sustainability index. Costanza et al. (2007) suggest a four-capital framework
91 to monitor sustainable well-being and sustainability by built, natural, social and
92 human capitals. Sharifi and Murayama (2013) reviewed seven selected neighborhood
93 sustainability assessment tools and indicated that most of the tools are not doing well
94 regarding the coverage of social, economic, and institutional aspects of sustainability.
95 Polido et al. (2014) reviewed sustainability and environmental assessment in islands
96 from the last 15 years, suggesting to promote research on capital-building in small
97 islands. Due to the complex structure of the concept of sustainability, there is no
98 universal procedure or criteria to evaluate sustainability at an island scale.

99 Here we developed an indicator system to track the dynamic change of sustainability
100 of the Chongming Island, a fluvial island social-ecological system, as well as that of
101 its closely-related mainland area. Together they form the megacity Shanghai. Thus,
102 the study emphasized on collecting and evaluating the datasets on historical, cultural
103 and social aspects for the Chongming island. In context, a capital-based approach is

104 adopted for measuring the drivers for island sustainability and its associated dynamic
105 changes from the year 2000 to 2017. Furthermore, the dynamic changes have been
106 analyzed for the island and its interactions with the mainland Shanghai is closely
107 monitored in the present study. The study performed on the Chongming island and
108 mainland Shanghai, is of national importance and global financial hub, to understand
109 the various impact of island on the nearby mainland, which is not analyzed before in
110 the previous studies. The previous studies performed on the island were based on the
111 old development plans and policies, thus, this study analyzed how the latest advanced
112 policies and strategies have cumulatively affect the sustainability of the island and the
113 mainland. Also, due to climate change and human interventions, the strategies cannot
114 be deployed based on the previous studies (say last 10 years) and a latest analysis
115 must be performed for a more informed and effective decision-making process. Hence,
116 a robust technique is described in the present study for the current years to perform
117 the sustainability assessment for an island along with its interactions with the nearby
118 mainland.

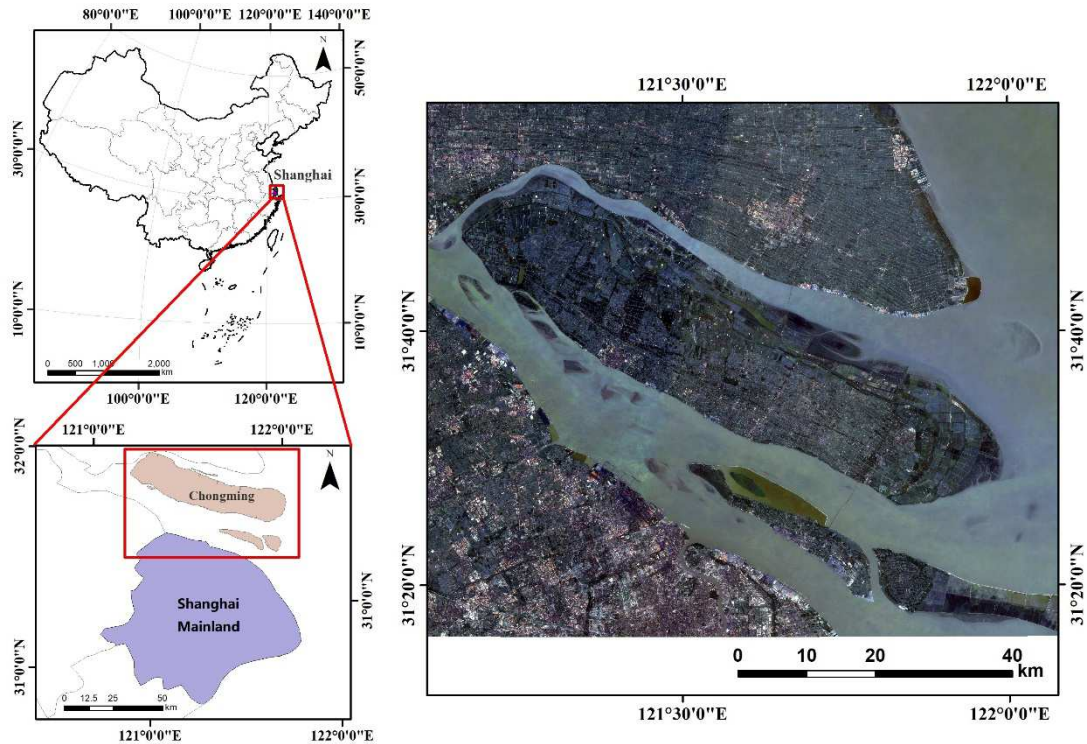
119 The five capitals model forms a basis for understanding sustainable development
120 through the lens of the economic concept of wealth creation or 'capital'. All
121 economies utilize these five types of capital usually. Examining all sections of the five
122 capitals model together, as a larger and collective unit, is where sustainability,
123 stewardship and increased opportunity are realized. This framework provides a better
124 holistic understanding towards the island sustainability. Hence, the following three
125 objectives were developed: 1) to develop an indicator system to reflect island
126 sustainability based on a capital-based approach; 2) to analyze dynamic changes of
127 each capital from 2000 to 2017 and 3) to identify potential drivers and challenges in
128 development toward sustainability.

129 **2 Study Area**

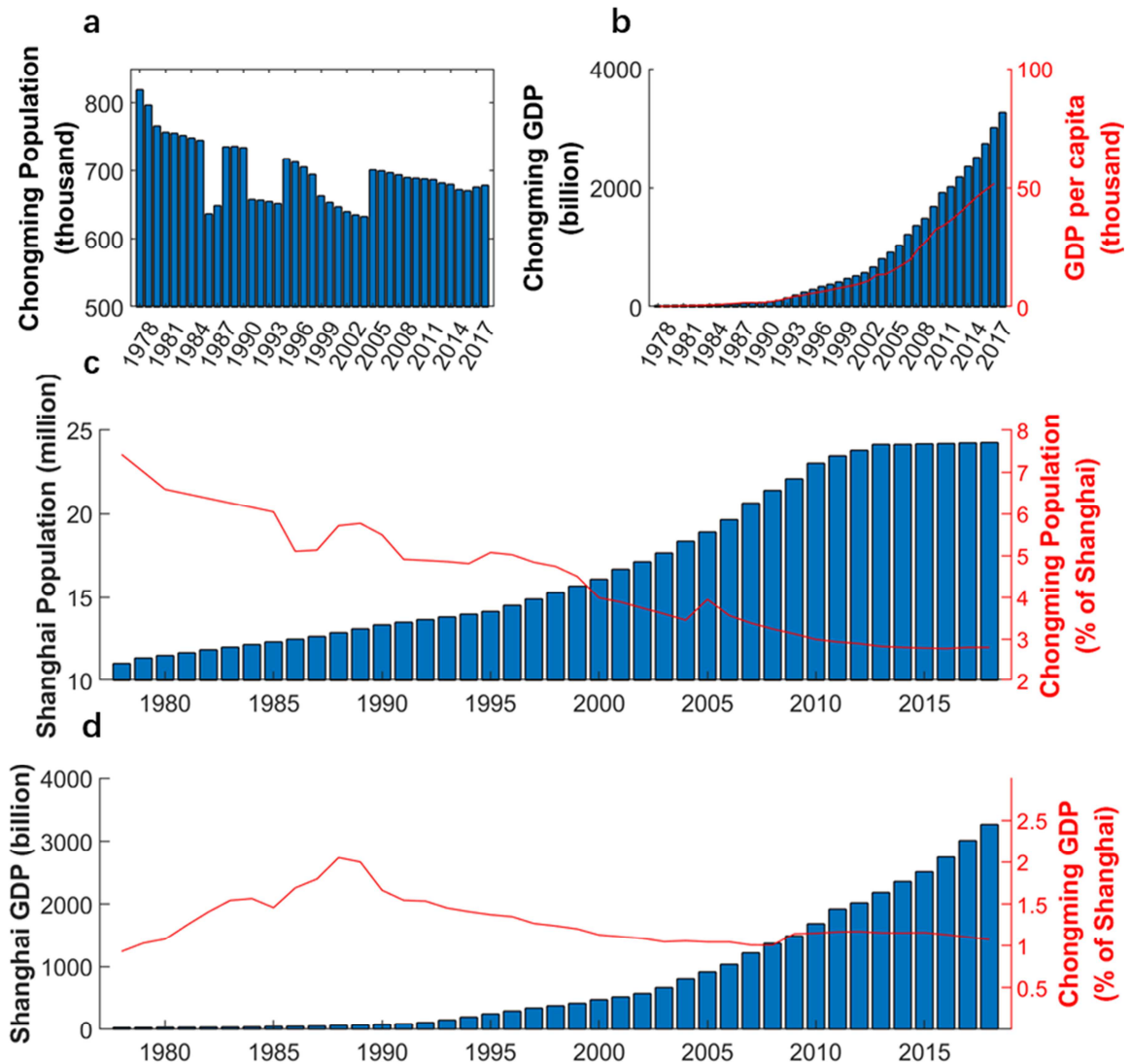
130 The Chongming Island, with a total area of 1,200 km², is China's third largest island
131 and largest alluvial island. Located at the mouth of the Yangtze River
132 (32°27'N-31°52'N, 121°10'E-121°55'E, Fig. 1). Chongming is flat (3.5-4.5 m above
133 mean sea level on average) with a coastline of about 195 km (Chongming Statistics
134 Bureau, 2000). It belongs to the north subtropical maritime climate zone. The river
135 network in Chongming is dense (1.95 km/km²), consisting of 1119 rivers with a total
136 river length of 2028 km (Che et al., 2006). Agro-ecosystem is the top land use and
137 provides a large proportion of the food supply in Chongming (Huang et al., 2008).
138 Meanwhile, the location of Chongming makes it prone to multi-hazards, such as
139 typhoon, rainstorm, flood, etc. According to historical disaster records, the total direct
140 economic losses from disasters was about 500 million RMB during 1984-2018.
141 Among all natural disasters, typhoon had highest impacts (Supplementary Fig. 1).

142 While being a nearshore island with only about 10-20 km of distance from mainland,
143 Chongming remains the most remote and underdeveloped district among Shanghai's
144 16 districts. While Chongming is the largest in terms of geographic area (almost 20%),

145 it is also the smallest in terms of population (678 thousand in 2018, about 3%) and
146 Gross Domestic Product (GDP) (1% in 2018), making it the least developed district in
147 Shanghai (Fig. 2). The total population in Chongming declines steadily in recent
148 decades, while total population in Shanghai keeps increasing. The proportion of
149 Chongming population to Shanghai decreased from almost 8% in 1978 to less than 3%
150 in 2018. Meanwhile, GDP and GDP per capita in Chongming keeps increasing with
151 economic development (Fig. 2b), by 2018 its percentage in Shanghai's total GDP was
152 almost halved from the peak value of 2.2% in 1988.



153
154 Fig. 1 Location of Chongming Island.
155



156
 157 Fig. 2 Changes of population and GDP in Chongming from 1978-2018. a) changes of population
 158 in Chongming; b) changes of GDP and GDP per capita in Chongming; c) changes of total
 159 population in Shanghai Municipality, and ratio of Chongming population to Shanghai total
 160 population; d) changes of total GDP in Shanghai Municipality, and ratio of Chongming GDP to
 161 Shanghai total GDP.

162 3 Methods

163 The methodology adopted in the study includes two main steps: the development of
 164 the indicator system and the application to assess the sustainability of study area.

165 3.1 Developing an indicator system

166 Adapted from several frameworks (Smith et al., 2001; Mayunga, 2007; Michel-Kerjan,
 167 2015; Cai et al., 2016), we developed a capital-based metric indicator system of
 168 sustainability, that goes beyond the conceptual phase and offers a structured way to
 169 operationalize and measure island sustainability. It is built on the key assets viz. social,

170 human, physical, financial and natural. These capitals are viewed as an interdependent
 171 capacity that capture the core capacities of a region system. The study is in
 172 continuation with the previous case studies (Shi et al., 2004; Keating et al., 2014; Gu
 173 et al., 2018) and considered socioeconomic aspects of Chongming Island. Accordingly,
 174 a three-tier system with 31 sub-indicators has been constructed (Table. 1).

175 Table. 1 The indicator system of sustainability based on the capital-based approach in this study.

Capital	Level	Variables	Relationship to sustainability
Human Capital	Education	Percentage of population with college diploma	+
		Percentage of population with high school diploma	+
		Illiteracy rate	-
	Population change	Natural population growth rate	-
	Occupation	Percentage of primary-industry employees	-
	Age	Percentage population under 18 years old	+
Percentage population over 60 years old		-	
Financial Capital	Economic Status	GDP per capita	+
	Income	Per capita disposable income of urban residents	+
		per capita disposable income of rural residents	+
Physical Capital	Infrastructure investment	Fixed asset investment per capita	+
	Medical facilities	Number of beds in health institutions per 10,00 people	+
		Number of medical technical personnel per 1000 resident population	+
	Building code	Percentage of concrete housing	+
	Transportation	Cargo volume per capita	+
Social Capital	Social dependency	Old (over 65) and young (less than 15) to laboring population between 15 and 65 years	-
	Household structure	Percentage of sole-elder households	-
		Percentage of divorced population	-
	Urban-rural disparity	Percentage of urban residents receiving subsistence allowances from the government	-
		Percentage of rural residents receiving subsistence allowances from the government	-
		Difference of residents' disposable income between urban and rural households	-
	Floating population	Net mechanical rate (immigrants from other places to household registration system (Hukou))	-
	Natural Capital	Air quality	Annual daily mean concentration of SO ₂

Capital	Annual daily mean concentration of NO ₂	-
	Mean concentration of inhalable particulate	-
Water quality	Ratio of river with water quality higher than III	+
Investment in environmental protection	Ratio of investment in environmental protection to local GDP	+
	Ratio of industrial wastes treated and utilized	+
Natural buffer	Forest coverage rate	+
	Green coverage rate	+
	Urban green space per capita	+

176 3.1.1 Human Capital

177 Human capital usually refers to the quality of citizens (Smith et al., 2001). It can be
178 measured by various criteria such as education, population change, occupation and
179 age.

180 Education level is an important variable with strong association to resident income,
181 quality of life, job opportunities, etc. (Cutter et al., 2010). People working in the
182 primary activities such as agriculture, animal husbandry and fishery are often more
183 vulnerable in facing both environmental and economic uncertainties, because of their
184 higher dependency on natural conditions and relatively weak economic power in
185 markets. The rate of change in population indicates the speed of population growth
186 along with its associated regional development. In China, the natural growth of
187 population has been declining and the society is aging, with more and more elders
188 who are considered to be more vulnerable (Gu et al., 2018).

189 3.1.2 Financial Capital

190 Financial capital denotes available economic resources that people can use to improve
191 their livelihood and the government uses to invest for the society (Mayunga, 2007).

192 Income is usually the ideal indicator for the socioeconomic status of residents. The
193 level of income reflects the living levels of residents (Masozera et al., 2007).
194 Disposable income per capita in rural and urban areas are selected respectively.
195 Abundant wealth develops the region and provides strength to improve their living
196 conditions (Cutter et al., 2010). GDP is one way to measure the production activities
197 of a region over a certain period of time and it is also an important indicator for
198 measuring the level of regional economic development. Here GDP per capita is
199 considered to reflect the economic development.

200 3.1.3 Physical Capital

201 Physical capital includes the indirect aspects of economic activity, such as
202 infrastructure, residential housing and medical facilities (Mayunga, 2007). Thus,
203 physical capital can be measured through building code, medical facilities,
204 transportation and infrastructure investment.

205 House with concrete structure are more stable and indicate better living conditions,
206 thus the proportion of concrete housing area is used to present building code
207 (Omidvar et al., 2012). Medical service is important to meet the needs by residents.
208 The density of medical service is presented by health equipment and medical

209 technical personnel. Infrastructure investment includes investment in transportation
210 and public infrastructure, etc. It is difficult to collect continuous infrastructure data at
211 the county level. Thus, fixed asset investment per capita is considered as the proxy
212 variable to represent physical capital. Transportation reflects the mobility of a system.
213 Higher cargo volume per capita indicates a higher flexibility in transportation.

214 **3.1.4 Social Capital**

215 Although the social capital can be defined in various ways, there is always a common
216 emphasis on the aspect of social structure, harmony, equity and social network
217 (Minamoto, 2010). It can be measured through social dependency, household structure,
218 urban-rural disparity and floating population.

219 Social dependency refers to the ratio of nonworking-age population to working-age
220 population. A higher social dependency indicates the pressure on economic productive,
221 working population in society. High urban-rural disparity is a potential threat to
222 inclusive development. The study considered the disposable income difference
223 between urban and rural residents. Additionally, households whose per capita monthly
224 income is lower than certain local standards receive subsistence allowances from the
225 local government. These residents are usually incapacitated and in an economically
226 disadvantageous situation. Thus, proportion of residents who receive subsistence
227 allowances from government in rural and urban areas are also considered. Two
228 variables of household structure are accounted, namely the percentage of sole-elder
229 households and the percentage of divorced population. Higher ratios of the solo-elders
230 and divorced people indicates more instability in a society as it may suffer more
231 problems during adverse circumstances. Floating population is a terminology used to
232 describe a group of people who reside in a given population for a certain period of
233 time for various reasons, but are not generally considered a part of the official census
234 count. Due to household registration system (namely Hukou) in China, the floating
235 population are largely excluded from the local welfare system, thus it may lead to the
236 instability of society. In Shanghai, migrants account for about 41% of the total
237 population who are mainly living in rental housing (Wang et al., 2012a). Thus, net
238 mechanical rate refers immigrants from other places to household registration system.

239 **3.1.5 Natural Capital**

240 Natural capital refers to natural resources that reflects the abundance and stability of
241 the natural system. It can be measured through environmental investment, air quality
242 and nature buffer.

243 The variables are considered in context to the investment in environmental protection
244 to local GDP and waste treatment to reveal the input efforts in environment protection.
245 Three variables are employed to reflect local air quality for the study region. Water
246 quality is determined by river ratio with good water quality (namely water quality
247 grade higher than III grade). The water quality grade is classified by more than 30
248 variables (COD, N, P and heavy metals) based on Environmental Quality Standard for
249 Surface Water in China. The study initially attempts to use the air quality index (AQI)
250 to understand the air quality for the study region. However, as per the government
251 records and database available, AQI is documented for air quality only after the year

252 2013. Although, AQI is widely adopted and accepted to analyze the air quality of the
 253 region, but no dataset is available before the year 2013, which constraints the use of
 254 this particular index to analyze air quality. Therefore, the study considers these three
 255 parameters such as SO₂, NO₂ and PM to understand and analyze the air quality for the
 256 study regions. Natural buffer such as green space and forest, provides a good living
 257 environment and plays an important role in enhancing societal sustainability.

258 3.2 Data collection and process

259 Availability of long-term data plays a significant role in this kind of site-specific study.
 260 Regional datasets were acquired from multiple sources (Table. 1), mainly from
 261 statistical yearbooks and bulletins published by Chongming and Shanghai Statistical
 262 Bureaus from 2000-2017 (Chongming Statistic Bureau, 2018; Chongming County,
 263 2018; Shanghai Municipal Statistics Bureau, 2007, 2017; Shanghai Water Authority,
 264 2018). The fifth and sixth national population census in 2000 and 2010 (2000; 2010
 265 census) (NBSC, 2001; 2011) were also used, as well as various historical statistical
 266 yearbooks which are included in the Chinese Socioeconomic Development Statistical
 267 Database (<http://tongji.cnki.net>).

268 All the available datasets were acquired for both the study island i.e. Chongming
 269 (hereinafter CM for convenience) and the mainland part of Shanghai, which
 270 comprises other 15 districts except Chongming (hereinafter SHM for convenience).

271 Raw count variables need to be transformed into percentages, rates, differences, or
 272 averages. Normalization refers to the transformation of variables, so that a common
 273 scale is adopted and can be compared by a common reference. Here a min-max
 274 normalization technique was performed on all variables (Patro, S. and Sahu, 2015).

275 Various methods exist in determining weights of different variables to be aggregated,
 276 such as analytic hierarchy process, principal component analysis, entropy-based
 277 method, etc. (Wu et al., 2017), some subjective and the others more objective (Ma et
 278 al., 1999). In this study, an entropy weighing technique is adopted to assign weights to
 279 different indicators. The entropy method is a widely used approach (Liu et al., 2018a),
 280 in which the weight values of individual indicators are determined by calculating the
 281 entropy and entropy weight (Zou et al., 2006). The greater the entropy is, the smaller
 282 the corresponding entropy weight will be. The amount of useful information that the
 283 target provides is thus low. If an indicator's entropy weight is zero, it provides no
 284 useful information and such indicator may be removed. The main steps of the entropy
 285 weight method include a) the formation of the evaluation matrix; b) the
 286 standardization of the evaluation matrix; and c) the calculation of the entropy and the
 287 entropy weight.

288 The entropy of the i th indicator is defined as:

$$289 \quad H_i = -k \sum_{j=1}^n f_{i,j} \ln f_{i,j}, \quad i = 1, 2, 3, \dots, m \quad (1)$$

$$290 \quad f_{i,j} = r_{i,j} / \sum_{j=1}^n r_{i,j}, \quad k = 1 / \ln n \quad (2)$$

291 where H_i is the entropy of the i th indicator. When $f_{i,j} = 0$, we suppose

292 $f_{i,j} \ln f_{i,j} = 0$. The weights of indicators to a specific category is calculated as

293 described in eq. (3):

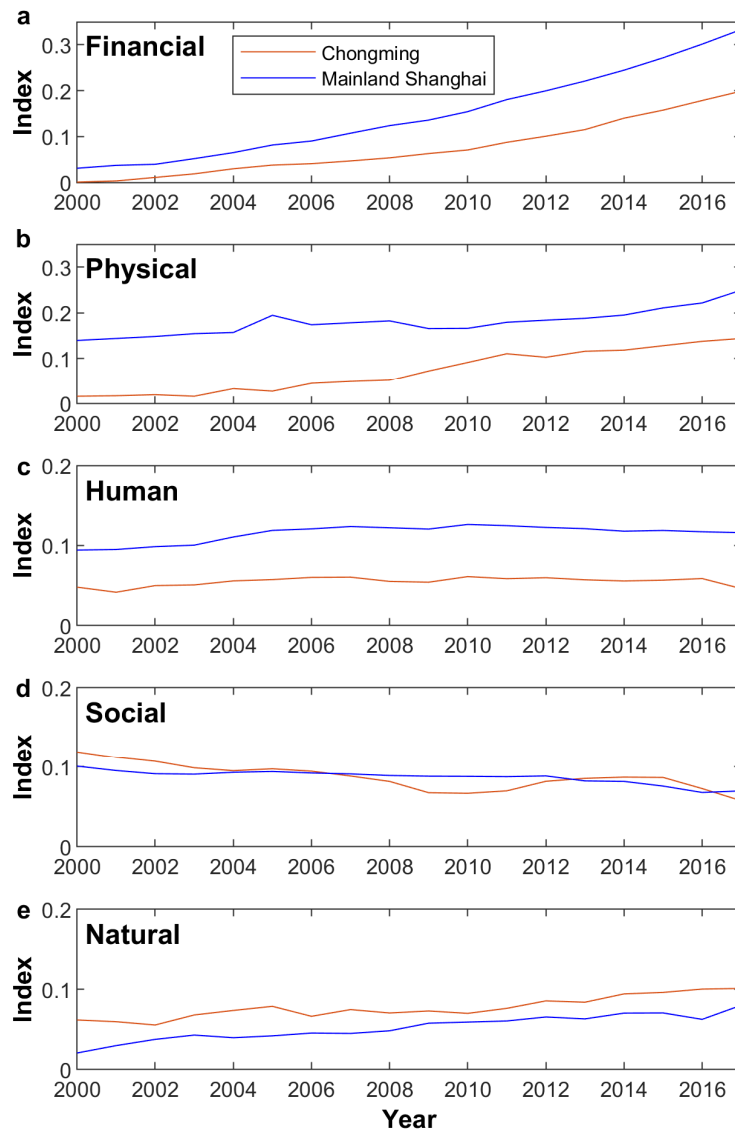
$$294 \quad w_i = (1 - H_i) / (m - \sum_{i=1}^m H_i) \quad (3)$$

295 Score of each capital is calculated from indicator scores obtained.

$$296 \quad \text{Score} - \text{capital} = \sum_{i=1}^m w_i H_i \quad (4)$$

297 4 Results

298 Changes of five capitals from 2000 to 2017 are shown in Fig. 3. There are increasing
 299 trends for natural, physical and financial capitals for both SHM and CM from 2000 to
 300 2017. While human capital fluctuates, social capital slightly declines.



301

302

Fig. 3 Changes of a) financial, b) physical, c) human, d) social and e) natural capitals from

303 2000-2017 in Chongming and mainland Shanghai. Only human capital for Chongming shows an
304 insignificant trend ($p < 0.05$).

305 The trend of financial and physical capital for both CM and SHM shows a significant
306 increasing trend over time (Fig. 3a, b). The gap of physical capital between SHM and
307 CM is decreasing (Fig. 3b), while the gap of financial capital is widening (Fig. 3a).
308 Fast economic development is a key contributor to increased financial capital,
309 accompanied with increased resident income. GDP per capita in Shanghai reached
310 20,398 USD in 2018, 2.5 times of that in CM. CM had an inferior infrastructure level
311 around 2000 compared with SHM. With huge financial capital of SHM, financial
312 resources from SHM had transferred toward to CM by a series of infrastructure
313 construction, such as bridges, tunnels and roads. Rapid development of the
314 transportation infrastructure within the island has accelerated local transportation,
315 effectively promoted local economic development and social stability, and has been
316 proven highly resistant to extreme weather conditions. Since 2008, the growth rate of
317 physical capital in CM is even slightly higher than that in SHM. With a large number
318 of ongoing and near future (up to 2023) construction projects of high-speed railway
319 and underground tunnels between CM and SHM (Chongming District, 2018), it is
320 foreseeable that transportation infrastructure will continue to improve.

321 Human capital in CM follows a relatively flat trend, while that in SHM gained slow
322 increase and is much higher in absolute term (Fig. 3c). Due to the negative population
323 growth rate, the human capital observed a decreasing trend. On the contrary, with the
324 implementation of compulsory education, education attainment rate in CM increased,
325 positively contributing to human capital. CM has experienced negative natural
326 population growth since 1995. The absolute value of negative growth rate keeps
327 increasing and is up to 5% in 2017. Student enrollment has decreased much faster in
328 CM than SHM, while elders has increasing much faster (Supplementary Fig. 2). Many
329 colleges and universities locate in SHM, attracting and providing higher education to
330 students from all over the country, and locally as well.

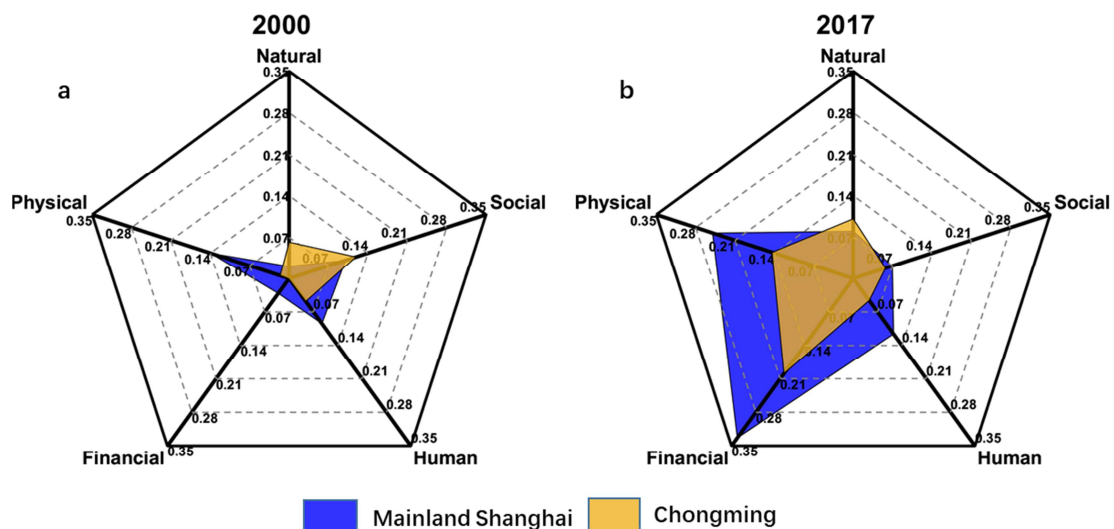
331 A slight decreasing trend has been observed for social capital in both CM and SHM
332 (Fig. 3d). Factors including population aging, increasing urban-rural disparity, and
333 divorce rate contribute to decrease in social capital. The income gap between SHM
334 and CM becomes larger, which leads to unbalanced development and inequality.
335 Nearly one third of residents in CM engage in primary industry, while this number is
336 only about 2-3% in SHM. The imbalance of population age structure is more sever in
337 CM due to the shortage of youths. CM Island's aging population rate reached 36.4%,
338 which is the highest district in Shanghai (Shanghai Research Center on Aging, 2019).
339 Those elders are characterized as low income, low educated and dependent on
340 primary industry, and mainly distributed in CM. CM has been depopulating not only
341 due to natural growth, but also because it gradually loses attraction to local young
342 residents due to its low economic development, rural-based landscape and
343 inconvenient traffic facilities. It leads to a large proportionate of elders live in CM.
344 The sole-elders in CM is much higher than SHM, with 5% and 2%, respectively. This

345 aggravates CM aging problem and reduces social capital.

346 Regarding natural capital, increasing trends were observed throughout for SHM and
 347 CM (Fig.3e). Natural capital in CM in 2000 is higher than SHM, the gap of natural
 348 capital is narrowing until 2017. The growth rate of natural capital for SHM is higher
 349 than CM. Shi et al. (2004) found that development process of Shanghai between 1990
 350 to 2000 was at the cost of environment and resource degradation, while social and
 351 economic development in CM was restricted to protect environment and resources.
 352 The degrading trend in 1990s has been largely reversed as the importance of
 353 environmental protection and ecological civilization increases in the policy arena. For
 354 instance, forest coverage has increased from 3.1% to 10.74% in SHM from 2000 to
 355 2017.

356 Sustainability of the two with all five dimensions can be assessed using spidergrams
 357 (Fig. 4). In 2000, compared to SHM, CM is poor in financial, physical, and human
 358 capitals and relatively richer in natural and social capitals. While the former three
 359 capitals increased substantially by 2017, the latter two did not improve. Four capitals
 360 in SHM had substantial gains over the 17-year period, with most increase in financial
 361 and physical capitals. As a result, the two systems' overall patterns of sustainability
 362 become similar, though in absolute term, SHM is much better than CM. Five capitals
 363 interact with each other. For example, increase of financial capital could help reduce
 364 poverty and inequality, which could increase social and human capitals. More official
 365 revenue could be invested in environment protection, infrastructure projects,
 366 education and technology. Simultaneously, talents input, harmonious society,
 367 construction of important infrastructure, technological progress, efficient resource use
 368 and reduced pollution also stimulate economic development.

369



370

371 Fig. 4 Sustainability index of five capitals for mainland Shanghai and Chongming in 2000 and
 372 2017.

373 5 Discussion

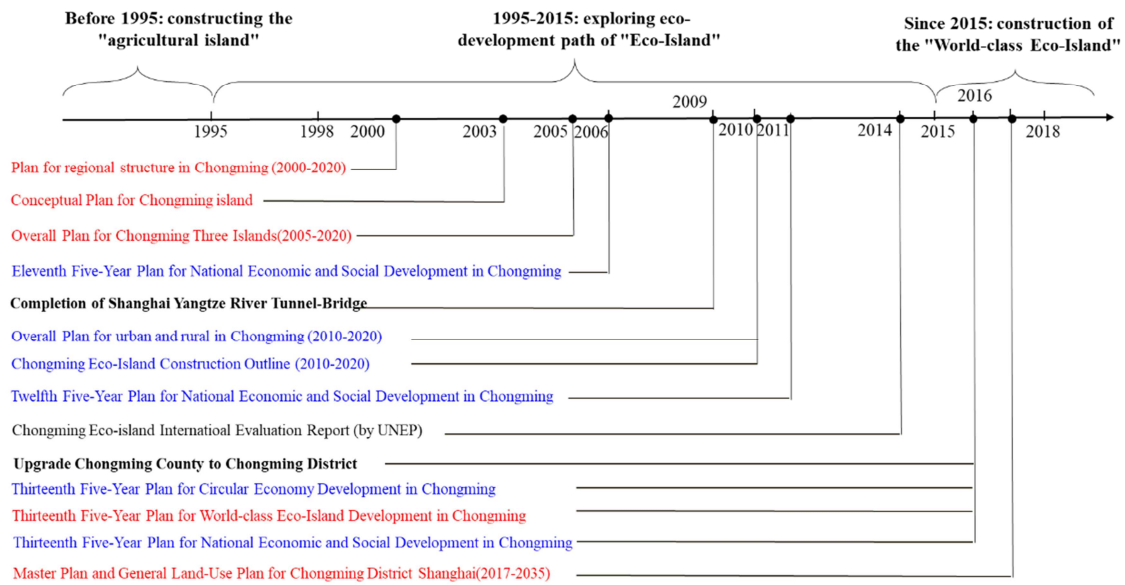
374 **5.1 Interactions between Chongming Island and mainland Shanghai**

375 With a fragile ecosystem and underdeveloped economy, Chongming's sustainability is
376 highly dependent on that of Shanghai. Overall while SHM soared in economic
377 development, CM lagged behind. The disparity of financial capital between CM and
378 SHM keeps growing, with some used to help narrow the physical capital gap. Before
379 2009, the only way to reach CM island was through ferry, which takes at least 45
380 minutes one way. For every national holiday or even every Friday afternoon, many
381 CM residents working in the SHM have to face a huge crowd to buy tickets for ferry
382 waiting in queue for hours. The official opening of Shanghai Yangtze River
383 Tunnel-Bridge in 2009 significantly increased connectivity and accessibility between
384 CM and SHM, resulting in a huge boost to the local economy. The Chongqi Bridge
385 opened in 2011, connecting to the nearby Jiangsu Province, further linked CM to the
386 larger Yangtze River Delta region. The capital shift also enhanced the structure and
387 layout of Shanghai's transportation system, accelerate the economic development and
388 integration of the Yangtze River Delta region.

389 In the 1990s, environment protection had to give way to rapid industrial development,
390 resulting in severe degradation of natural resources and ecosystems in SHM (Shi et al.,
391 2004). As SHM further developed, especially after 2000, environment protection has
392 become one of the government's main concerns. CM, now with rich natural capital, is
393 regarded as strategically important for sustainable development of the whole Shanghai
394 megacity. CM has leapt the phase of industrial development and transformed from a
395 traditional agriculture-based economy to the development of a more service-based and
396 circular economy, providing imperative ecosystem cultural services to people in
397 Shanghai. Being proposed as an example of strengthening ecological services while
398 maintaining economic development (Huang et al., 2008), CM has ascended to the
399 center of the sustainability plan of Shanghai from a negligible corner in less than 20
400 years.

401 **5.2 Evolution of intuitional engagement**

402 The abovementioned changes toward island sustainability could not take place were
403 critical institutional changes not realized. Institutional arrangement and governance
404 also play an extremely important role in island sustainability, but it was not easy to be
405 represented by indicators. We carefully went through changes in institutional
406 development and related policies, and identified three stages of institutional
407 development of CM. Each stage is characterized by issuing a series of schemes and
408 plans, as shown in Fig. 5.



409

410 Fig. 5 History of construction of Chongming Eco-island, and its corresponding key plans from
 411 governments (red refers to provincial level policy, blue refers to local level policy and italic refers
 412 to big events).

413 **Stage 1:** Before 1995, the development of CM still followed traditional
 414 industrialization. CM played the role of production and processing based on raw
 415 materials for agricultural and by-products in Shanghai. There was yet no master plan
 416 designed for CM at the island level.

417 **Stage 2:** With the idea of green development, CM tried to explore eco-development
 418 path of "Eco-island" between 1995 to 2015. A series of overall plans for CM had been
 419 developed. In context of "eco-civilization", CM is actively exploring and
 420 implementing a path towards eco-civilization beyond traditional industrialization
 421 (UNEP, 2014; Huang et al., 2008).

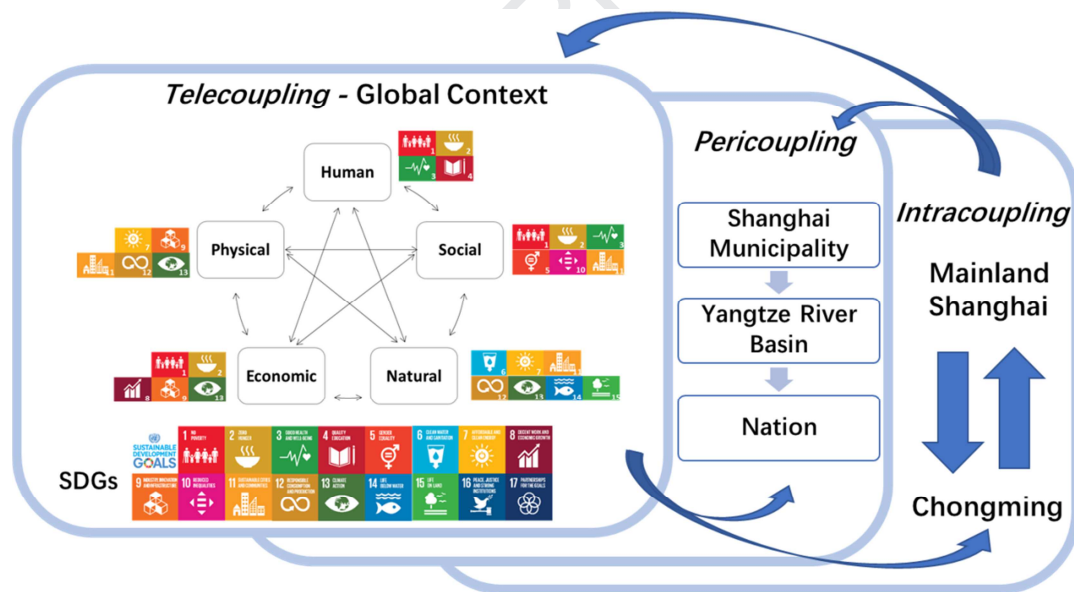
422 **Stage 3:** Since 2016, the vision of CM was designated as "World-class Eco-island". It
 423 is characterized in six dimensions: 1) building a more resilient ecological environment,
 424 2) efficient and intensive resource utilization, 3) prudent development of the urban
 425 and rural space, 4) harmonious human settlement quality, 5) low-carbon security
 426 infrastructure, and 6) more sustainable green development.

427 The construction of CM eco-island draws a lot more attention and investment from
 428 Shanghai municipal and Chinese national government (Miao et al., 2015). Total
 429 investment from provincial and local governments, from 2010 till date, has exceeded
 430 44 billion RMB (~ 6.4 billion USD), which is 1.3 times the 2017 GDP of CM. After
 431 several decades of exploring and investing, CM has become a strong institutional
 432 capital in building eco-island (den Hartog et al., 2018; Ma et al., 2018; Xie et al.,
 433 2019). This approach provides an opportunity for CM to become a model to share
 434 valuable experiences around the world.

435 5.3 Islands sustainability in a changing environment

436 The sustainability development of CM in local, regional and global contexts can be

437 conceptualized as three scales, namely, intracoupling, pericoupling, and telecoupling
 438 (Fig. 6, Wu et al., 2019; Liu et al., 2018b). The CM's sustainability intra-couples with
 439 SHM. Meanwhile, CM's natural capital and sustainability development also
 440 contribute to Yangtze River Delta, to national ecological civilization, and even
 441 contribute to commitments to SDGs. For instance, CM is rich in biological diversity
 442 and natural resources, and is an internationally important transit site on the East
 443 Asian–Australasian Flyway for migratory birds (Tian et al., 2008; Chen et al., 2018).
 444 This five-capital-based framework aligns with multiple SDG targets, mainly
 445 contributing to 15 out of 17 SDGs (Fig. 6). The indicators in human and social
 446 capitals mainly contribute to SDG 1 (No poverty), SDG 2 (Zero hunger) and SDG 3
 447 (Good health and well-being). The natural capital positively contributes SDG 6 (Clean
 448 water and sanitation), SDG 7 (Affordable and clean energy), SDG 11 (Sustainable
 449 cities and communities), SDG 14 (Life below water) and SDG 15 (Life on land).
 450 Physical capital improves SDG 9 (Industry, innovation and infrastructure), SDG 12
 451 (Responsible consumption and production) and etc. Financial capital mainly
 452 contributes SDG 8 (decent work and economic growth). Because of the integrated
 453 nature and coupled nature-anthropogenic system, the framework is also characterized
 454 by synergies and co-benefits for several other SDGs, SDG 13 (climate action) for
 455 example.



456

457 Fig. 6 Chongming under the five-capital-based framework corresponding to the SDGs in a
 458 metacoupled world (adapted from Wu et al., 2019; Liu et al., 2018b).

459 CM is a sending system that provides water, flood, recreation and other natural
 460 capitals, while SHM, Yangtze River Delta, nation, even globe is a receiving system.
 461 Meanwhile, island is an also receiving stress from global, delta and local system. For
 462 instance, CM is facing extreme natural hazards such as tropical cyclones, extreme
 463 rains, etc., and slow onset hazards such as global sea level rise, coastal erosion, and
 464 salt water intrusion (Huang et al., 2008; Wu et al., 2019). It is projected 50% of the
 465 island will be inundated by 2100 with south bank of CM suffers great overtopping,

466 considering sea level rise, land subsidence, storm surges and failure of protection
467 (Wang et al., 2012b). Sea level rise and salt water intrusion threaten the drinking
468 water quality of urban residents and the security of the Shanghai's fresh water supply
469 (Lyu and Zhu, 2019). It also poses huge threat on flood and waterlogging control as
470 high sea level blocks flood discharge and drainage (Deng and Fan, 2002; Chen et al.,
471 2015). Coastal erosion has been observed in Dongtan coasts in Chongming due to sea
472 level rise as well as reduced sedimentation in upstream of the Yangtze River Basin
473 (Wang et al., 2014). An island is not sustainable unless it is able to cope with, adapt,
474 recover from external adverse events in a timely and efficient manner. Since its
475 inception, the sustainability has observed closely with many advancements in
476 vulnerability and resilience framework about analyzing the solution (Cutter, 2014;
477 Keating et al., 2014). A methodology is required that is proactive in nature such as
478 sustainability as compared to vulnerability and resilience, to have a better
479 understanding (Adger et al., 2005; Kelman, 2018).

480 **5.4 Recommendations**

481 Based on our findings, the social and human capitals are relatively slow, as compared
482 with natural, financial and physical capitals. Therefore, the government should focus
483 on various strategies and policies to strengthen the social and human capital.

484 The problem of aging island has also been observed in other islands (Browne and
485 Broderick, 1994). Human capital is the endogenous factor and “engine” of economic
486 growth and development. Low human capital encapsulates planning and management
487 in islands in various ways (Connell, 2018). High-education population outmigration is
488 because island's socio-economic environment is not able to support their development.
489 The development could not rely on local residents. Thus, it is recommended to
490 urgently build a system to attract young and high-educated population to work in CM
491 so that scientific outcomes would be carried out in reality. The government should
492 provide public service such as revamping health, education and pension systems in
493 facing a low birth-rate and aging society.

494 It is observed that there is a huge trade-off between development and sustainability
495 (Connell, 2018). In order to protect Chongming ecosystem, Shanghai and Chongming
496 authorities restrict urban development to certain locations and control the population
497 size in the island. This effort loosely connected with the need of local inhabitants.
498 Many local residents grumble about economic opportunities being taken away
499 because of the eco-island policy (Grydehøj and Kelman, 2017; Ma et al., 2018).
500 According to Ecological Redline Policy from Shanghai municipal government (2018),
501 land area of 51 km² and maritime area of 1126 km² in CM are identified as ‘ecological
502 red lines’, contributing nearly 60% of Shanghai. It indicates in these redline areas
503 environment protection comes first with limited exploration of natural resources. With
504 the proposal of eco-tourism, many residents are attracted to CM, which have a high
505 pressure on tourism reception capacity. However, the tourism projects in CM are
506 single, could not meet special needs for different crowds. Additionally, there are
507 certain deficiencies in management mode, service levels and professional talents.
508 While the aging of the population structure, the small family structure and tourists in

509 need of diversification also brings severe challenge to island development. Thus, a
510 new public-private partnership including enterprises, NGOs, universities and other
511 private sectors could help to improve the public participation and lower the financial
512 and human burdens of both government and local residents.

513 **6 Conclusion**

514 In this study, a capital-based approach is implemented to analyze the temporal
515 changes in the island sustainability. A three-tier indicator system has been
516 demonstrated to represent the five capitals of sustainability: natural, social, human,
517 financial and physical capitals. By analyzing the data from multiple sources from
518 2000 to 2017, 31 indicators have been collected and calculated for CM and SHM. The
519 finding shows that there are significant increasing trends for natural, physical and
520 financial capitals for both SHM and CM from 2000 to 2017. While human capitals
521 fluctuate and social capitals slightly decline. How to improve social and human
522 capitals is the key challenge for local government. The local government should
523 establish mechanism and strategies (such as a new public-private partnership) to
524 stimulate inner development within the island.

525 Eco-island indicator system released by local government lay too much emphasis on
526 ecological aspects and little emphasis on human aspects. This framework would help
527 local residents, stakeholders, and governments to identify the restricting elements
528 hindering the overall sustainable development. This quantification analysis clearly
529 depicts the dynamic evolution of sustainability and their interaction between CM and
530 SHM. Sustainability is a very complex concept that encompasses a great number of
531 sub-concepts and contributing factors. Integration of social, natural, financial,
532 physical and human factors in overall sustainability assessment significantly enhance
533 our ability to understand change of the system. Due to limitations of statistical data, it
534 is not possible to calculate sustainability with a more detailed indicator system or in a
535 long-term time frame. This measurement approach may not perfectly represent the
536 complexity of the concept, but more importantly, make it understandable and
537 comparable for decision makers to monitor gaps and proposing initiatives to reduce
538 inequalities. Henceforth, an effective decision-making approach can be implemented
539 under multi-objective, multi-stakeholder environment, if the drivers can be
540 ascertained that are restricting the development of any island or mainland. Though
541 major factors can be quantitatively identified using this approach, functional
542 mechanisms between these factors and sustainability are still unclear. According to
543 Eco-island plan and population projection, it is apparent that the economic and
544 infrastructure development will be upscaled both for island and mainland, Shanghai.
545 The population projection for young, elders, etc., will rise in unproportioned manner.
546 Therefore, it would be very difficult to perform complex analysis keeping in view the
547 restriction policies and limited datasets available for the present study. However,
548 similar study could be performed for other islands where there is no limitations and
549 restriction on the use of datasets.

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Conflict of interest

The authors declared that they have no conflicts of interest to declare.

We declare that we do not have any commercial or associative interest that represents a conflict of interest in connection with the work submitted.

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